

Reservation Form (If you prefer, you may register on-line at [www.jrclosaltos.org](http://www.jrclosaltos.org))

Retreat Title \_\_\_\_\_ Date \_\_\_\_\_ / \_\_\_\_\_ - \_\_\_\_\_ / \_\_\_\_\_  
month dates year

Mr/Mrs/etc. \_\_\_\_\_ First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_

Last Name \_\_\_\_\_ Title (e.g., M.D.) \_\_\_\_\_

Ethnicity \_\_\_\_\_ Date of Birth \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
month day year

Parish/Retreat Group \_\_\_\_\_

Have you made a retreat with us before?  yes  no Cell Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Home Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Work Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Ext. \_\_\_\_\_

Address \_\_\_\_\_ **Emergency Contact:**

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Name \_\_\_\_\_

E-Mail \_\_\_\_\_ Home Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Handicap or mobility difficulties? Please specify needs: \_\_\_\_\_ Other Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Are you willing to share a room? \_\_\_\_\_ If so, with whom? \_\_\_\_\_

**Method of Payment:** (If by check, please make check payable to **Jesuit Retreat Center**)

MasterCard/VISA/Discover/AmericanExpress

Card number \_\_\_\_\_ Exp. Date \_\_\_\_\_ / \_\_\_\_\_  
month year

Cardholder's Signature \_\_\_\_\_

**Amount Enclosed:**

Full Retreat Fee \$ \_\_\_\_\_

or deposit \$ \_\_\_\_\_

Donation \$ \_\_\_\_\_

Total \$ \_\_\_\_\_

**OFFICE USE ONLY**

Amount Received \_\_\_\_\_

Room Assigned \_\_\_\_\_

Confirmation Sent \_\_\_\_\_

**The Jesuit Retreat Center**  
300 Manresa Way  
Los Altos, CA 94022-4659

**Phone: 650-948-4491**  
**Fax: 650-948-0640**  
**Email: retreat@jrclosaltos.org**

**Website:**  
**[www.jrclosaltos.org](http://www.jrclosaltos.org)**



**St. Ignatius of Loyola 1491-1556**

*Vocal Exercises:*  
*Prayer from the Heart*

*A Non-Silent Retreat*  
*for Women and Men*

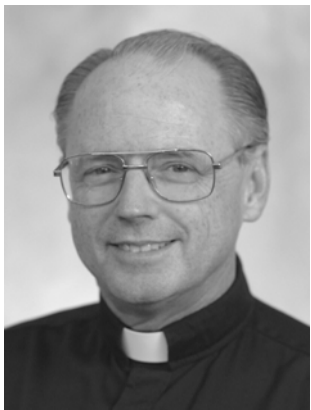
*August 28-30, 2009*

**Directors:**  
**Fr. Tom Carroll, S.J.**  
**Mrs. Julie Paavola, M.A.**



The Jesuit Retreat Center  
of Los Altos

## Retreat Directors



Fr. Tom Carroll, S.J., a San Francisco native, has served as Executive Director of El Retiro San Inigo, the Jesuit Retreat Center of Los Altos, since 2005. Long on the faculty of Loyola High School of Los Angeles, where he

developed a vital choral music tradition, Fr. Tom also ministered for five years as Director of the Jesuit Urban Center and Church of the Immaculate Conception in Boston. Fr. Tom enjoys playing the organ, especially for singing congregations.



Mrs. Julie Paavola, M.A., is an author and spiritual director, as well as a wife and mother. She has a unique perspective on the layperson's call to holiness and is dedicated to guiding others to God through reflection on their life experience. Julie

earned a Masters in Religion and Society from the Graduate Theo-logical Union in Berkeley and is presently participating in the Pierre Favre course on the Exercises of St. Ignatius.

## *Vocal Exercises: Prayer from the Heart*

*A Non-Silent Retreat  
for Women and Men*

*August 28-30, 2009*

Do you like to sing in Church? Or would you like to start singing? Do you find music a prayerful pathway to God? This retreat is for all whose hearts are touched by music and who desire to deepen their love of God.

St. Ignatius invites us to look at the expansive Divine Love into which (and to the sharing of which) we are called. We will explore this Ignatian theme in the Church's wealth of hymns, chant, and song, exercising both hearts and voices. Our theme will allow us to go from the Trinity to ministry, traversing the course of the Spiritual Exercises through music.

## Registration Information

The retreat fee for the weekend, with a private room and all meals, is \$225 per person. You may pay by cash, check or credit card. We accept VISA, MasterCard, Discover and American Express.

To make a reservation, fill out and return the reservation form with a \$75 deposit, and we will send you a confirmation card.

If you register on our website at [www.jrclosaltos.org](http://www.jrclosaltos.org), your e-mail receipt is your confirmation.

This weekend begins with registration on Friday, Aug. 28, from 5 to 6:30 p.m., followed by a reception at 6:30 p.m. and then dinner at 7 p.m. The retreat concludes with lunch on Sunday.

Refund policy: For cancellations received fewer than ten (10) days prior to the start of the retreat, the deposit is not refundable.

Complete and up-to-date information on retreats, descriptions, director biographies, fees and more is available on our website. Please visit us at

**[www.jrclosaltos.org](http://www.jrclosaltos.org)**

